**UPDATED – 2 JUNE** 



# GAVIRATE INTERNATIONAL PARA-ROWING REGATTA, INFORMATION FOR PARA-ROWING ATHLETES, COACHES & STAFF

#### 1. MEDICAL STATUS

A reminder to all athletes, that as per World Rowing Rules of Racing, you must disclose any changes to your medical status, or medications you are taking. This can be done by sending an email to <a href="mailto:classification@worldrowing.com">classification@worldrowing.com</a> with the Title of Medical Review. For your reference, see the WR Rule Book: Appendix R15 - Para Rowing Classification Regulations, 4. Athlete Evaluation, Section h. "Medical Review".

#### 2. PARA-ROWING - EQUIPMENT CHECK

Para rowing equipment is developing at a rapid rate. Given the integral role of equipment in an athlete's daily training environment, it is important that new developments and refinements are reviewed in a timely manner - to allow athletes to race using equipment that meets the World Rowing (WR) Rules of Racing.

For the 2023 season, we are excited to share that athletes/federations have the option to sign up for a 30 minute timeslot to bring their equipment to be reviewed. Two regatta opportunities will be offered this year. Gavirate and at the WRCH in Belgrade. For Gavirate the details are:

Gavirate (International Para Regatta) – Thursday June 8<sup>th</sup> and Friday June 9<sup>th</sup> Sign up for a timeslot here .

Representatives from the Para, Equipment & Technology and Umpire Commissions will attend and provide recommendations for any federation seeking a determination regarding the suitability of their para equipment and any custom modifications and adherence to the Rules of Racing (Appendix R14, Para Rowing Competition Regulations and Rule 29, Innovations in Equipment).

#### NOTES:

The equipment check is an "advice only" opportunity. This advice does not in any way replace
the obligatory equipment and safety check according to the World Rowing Rules of Racing,
conducted by members of each events Umpiring Control Commission - at the outgoing
pontoons at WR or International regattas.

#### 3. PARA-ROWING RESEARCH - UPDATED

All Para-Rowers, competing in the upcoming Gavirate International Regatta and World Cup in Varese are invited to participate in a study that will explore components of the World Rowing Athlete Classification System.

Athletes may receive a stipend of 50 EUR per person for their time participating in the research. More info to be provided in Gavirate.

Specifically, the study aims to explore the contribution of leg function to both fixed-seat and sliding-seat rowing in all sport classes.



The study will require approximately 60 minutes of the athlete's time. It will involve physical assessment of leg function (as takes place in classification) and testing on the ergometer (2 x 500m pieces). All research will be conducted on-site in the classification area, during the dates of classification prior to racing. The opportunities to be involved are:

- Gavirate International Regatta June 6-7th (13:00-17:00) & 8<sup>th</sup> (7-11am)
- World Cup in Varese June June 14th-15th (June 14th TBC & June 15th 8:30-17:30hrs)

You can sign up for a Research timeslot in Gavirate <a href="here">here</a> in order to assist your planning. Following sign-up, further information will be sent to you to review and consider (please provide your email address). Importantly, signing up for a time does <a href="hot commit you to participating">not commit you to participating</a>, only indicates interest.

For more information regarding the research study, please email <a href="mailto:classification@worldrowing.com">classification@worldrowing.com</a> . Please include "RESEARCH" in the email Header.

**Appointments are limited** and will be allocated on a "first come – first served" basis.

## 4. CLASSIFICATION INSTRUCTIONS FOR ATHLETES CLASSIFICATION DATES: 6,7,8<sup>TH</sup> JUNE, 2023

Please read the instructions below very carefully. Failure to adhere to these instructions may result in the athlete not being able to be classified, and therefore not being able to compete.

- Classification for athletes with *physical* impairments will take place at the Gavirate RC boatsheds on the 6<sup>th</sup> and 7<sup>th</sup> and 8<sup>th</sup> June.
- Classification for athletes with a visual impairment will take place on the 8<sup>th</sup> June. Transport is being arranged by the Gavirate Rowing Club, and exact details will be notified at a later date.
- All athletes must arrive at least 15 minutes prior to their scheduled classification time.
- Please refer to the attached schedule for your athlete's scheduled time to be classified.
- All athletes and support personnel must wear a face covering for the duration of classification.
- All athletes with a physical impairment must arrive ready to row, and in rowing attire.
- All athletes being classified must bring their Passport (or Government issued ID card) to classification with them, or they will not be able to be classified.
- All athletes must also bring the World Rowing Classification Consent Form with them. It can be downloaded and printed from the www.worldrowing.com website (Para Rowing page), or click here: Para-rowing consent form.
- The first 2 pages of this document must be completed and signed (also signed by a witness) prior to arrival at the classification venue. The top of page 3 should also be completed. Do not complete anything below "For Classifiers Use Only". For PI athletes: The first eight (8) pages must be brought to classification with the athlete's name and federation written on the top of each page.

If English is not your primary language, the athlete should arrange to have a translator with them during classification. In addition to the translator, all athletes should have one team representative who will attend classification with them.



Please email <u>classification@worldrowing.com</u> with any questions. Please note that the classification schedules are very busy, and we thank you in advance for your adherence to the classification requirements.

## UPDATED

### **DRAFT SCHEDULE** subject to change, (as of 2 JUNE 2023)

TUE June 6 <sup>th</sup>		
Gavirate Rowing Club Boatshed		
	Room 1	Room 2
07:00	58669, UZB	58668, ESP
08:00	58648, ESP	58670, FRA
09:00	58543, AUS	58648, ESP
10:00	58556, NOR	58651, GER
11:00	57026, NOR	58663, FRA
12:00	Lunch break	
13:00	32191, GER	Para-Rowing research 1
14:00	56882, AUT	Para-Rowing research 2
15:00	56899, AUT	Para-Rowing research 3
16:00	50863, MEX	Para-Rowing research 4

WED June 7 <sup>th</sup>		
Gavirate Rowing Boatshed		
	Room 1	
07:00	58528, CZE	
08:00	52754, ISR	
09:00	56914, KEN	
10:00	58547, AUS	
11:00	58544, AUS	
12:00	58554, AUS	
13:00	Lunch break	
14:00	Para-Rowing research 5	
15:00	Para-Rowing research 6	
16:00	Para-Rowing research 7	
17:00	Para-Rowing research 8	

....see next page....



# UPDATED

THUR June 8th		
Gavirate Rowing Boatshed		
	Room 1	
07:00	Para-Rowing research 9	53722, THA
08:00	Para-Rowing research 10	56896, THA
09:00	Para-Rowing research 11	56845, THA
10:00	Para-Rowing research 12	58760, THA
11:00	Para-Rowing research 13	
12:00	Lunch break	
13:00	58658, GER	
14:00	58759, THA	
15:00	58758, THA	
16:00	58762, THA	
		VISUAL CLASSIFICATION Clinic address to be advised
		Clinic address to be advised
		<b>08:00</b> 58757, RSA
		<b>08:45</b> 58555, ISR
		<b>09:30</b> 56872, ISR
		<b>10:15</b> 58566, GER
		<b>11:00</b> 56883, AUT
		<b>11:45</b> 43950, GBR
		<b>12:30</b> 58650, GER
		Lunch break
		Spare
		** Transport will be arranged from the Gavirate RC for Vi athletes.